

Award in Introduction to Counselling



Course Overview

The Level 2 Award in Introduction to Counselling Skills is designed to provide learners with an introduction to basic counselling skills. Learners will develop their knowledge of the counselling profession, looking at the role of professional frameworks/codes of conduct and the core personal qualities that enable competent counsellors.

Learners will also begin to develop their practical skills in developing, maintaining, and concluding a basic counselling session, providing them with the skills, knowledge and understanding of practice within the boundaries of an ethical framework.

What You Will Study

There are two units within this course:

- The fundamentals of counselling
- Introduction to counselling skills

Attendance Expectations

This course is a 10-week course, with three-hour lessons with both a daytime and an evening course option.

How You Will Be Assessed

You will be assessed through professional discussion, role play and written assignments.

Entry Requirements

There are no formal entry requirements for this course, however you will undertake an initial assessment on starting the course.

Fee Information

Funding is available for this course.

Further Study

Upon completing this course, you could progress to Level 2 Certificate in Counselling.

START DATE	LEVEL
September 2026	Level 2
STUDY MODE	DURATION
Part-time	10 weeks
AWARDING BODY	LOCATION
AIM Qualifications and Assessment Group	Selby College



For further information about this course, including Entry Requirements, Assessments and Further Study, scan the QR code.

Need More Information?

For additional course information please contact the Course Information Team on **01924 789111** or email courseinfo@heartofyorkshire.ac.uk.

To learn more about Selby College, our facilities and how we can support you please visit our website www.heartofyorkshire.ac.uk.

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