

Understanding Autism



Course Overview

You will learn what is meant by autism and the theories used in diagnosing the conditions that can co-occur. You will learn about using a person-centred approach to support individuals with autism, how to incorporate the preferences and needs of the individuals, and the support networks available to individuals and their families. You will also learn about the delays and difficulties in speech, language and communication that individuals with autism can face. You will look at the different methods and strategies that can be used to communicate with an individual with autism.

Benefits of study:

- No need to attend college, work from home at a pace that suits you.
- Achieve a nationally recognised Level 2 qualification.
- Further your personal and professional development.
- Available at no cost.
- Receive support and guidance from a dedicated team of qualified assessors/tutors.
- Study will enhance your personal and professional skills.

What You Will Study

The student will learn through the support of relevant materials for the course, with a knowledgeable tutor providing advice and guidance on the course content.

Units:

- Introduction to autism
- Using a person-centred approach to support individuals with autism
- Communication and social interaction in individuals with autism
- Sensory processing, perception and cognition in individuals with autism
- Supporting positive behaviour in individuals with autism
- Supporting individuals with autism to live healthy and fulfilled lives

How You Will Be Assessed

No need to attend College, work from home at a pace that suits you.

Interview Information

No specific entry requirements, however good written English is desirable.

START DATE

Available to enrol
from August 2025

LEVEL

Level 2

STUDY MODE

Part-time

DURATION

12 weeks

AWARDING BODY

TQUK

LOCATION

Online Learning



For further information
about this course, including
Entry Requirements,
Assessments and Further
Study, scan the QR code.

Need More Information?

For additional course information please contact the Course Information Team on **01924 789111** or email courseinfo@heartofyorkshire.ac.uk.

To learn more about the Heart of Yorkshire Education Group, our facilities and how we can support you please visit our website www.heartofyorkshire.ac.uk.

Quick Links



How to
Apply



Student
Support



Virtual
Tours



Fee Information

This is a free course.

Further Study

You may wish to complete further distance learning courses in:

Understanding Behaviour that Challenges, Behaviour that Challenges in Children and Principles of Working with Individuals with Learning Disabilities.

